

SAFETY SET-UP TIPS FOR SUMMER FOOTBALL

The following tips can help you plan and organise Summer Football fixtures to ensure it is conducted in a safe and effective manner.

Provide a Safe Environment

- Check facilities
- Remove hazards (if required)
- Report any maintenance requirements to club contact

Properly Plan the Field Layout

- Set up fields far enough apart to ensure participant safety.
- Explanations prior to matches should contain safety hints and rules (don't run onto another field to retrieve a ball etc.)
- Extreme care must still be taken as equipment such as cones and goals can cause injury if misused.
- Ensure all equipment is in good repairs before use.

Match Players by Size and Ability Level

- Be aware of individual skill and experience levels and match participant appropriately.
- This will decrease the risk of injury and enhance skill development and enjoyment.

Warn Players and Parents of Inherent Risks

- Run a pre-program players / parents meeting to explain the risks involved. This will help to increase parent/volunteer awareness of safety issues

Supervise the Action Closely

- It is your responsibility to supervise activities and make modifications where required to decrease risk.
- Volunteers can help spread the burden at large Summer Football Clubs.

Evaluate Participants for Injury or Incapacitation

- If a participant says they are or look injured, give them a rest and examine the injury in accordance with the procedures describes in this manual.
- If you are not completely satisfied that continuing to participate will cause no further injury to the participant, then the player should not re-join the activities.

Know Emergency Procedures and First Aid

- In the event of extreme emergency, coordinators should call for an ambulance by dialling 000